

BE FAIR!



HCC Training, equality & diversity & you

At HCC Training, we believe that everyone should have the same opportunities and that everyone should be treated with respect and fairness. We think it's a good thing that everyone is different, and we value those differences.

We don't agree with discrimination. Discrimination is treating someone differently because of their background or who they are. Wouldn't it be boring if everyone was the same?

RACE ◎ SEX ◎ DISABILITY ◎ SEXUALITY ◎ RELIGION ◎ AGE

**BE VALUED – BE UNIQUE
BE HAPPY – BELONG**

At HCC Training, we do not tolerate bullying and we don't expect you to either.

Here are some examples of what we call bullying:

Unwanted physical contact (touching), ignoring someone, racist talk, pictures or jokes that could upset someone, unwanted remarks about someone's clothes or appearance, shouting or swearing at someone, threatening or frightening someone, spreading rumours about someone, insulting someone to their face, or by text or email, making a video of someone & posting it on the Internet without their consent

If you are bullied, or you see someone being bullied, contact anyone from this list and they will help you. Write their names and contact details below:

Person	Their name	Their number
Your Tutor		
Your Centre Manager		
Your Employer		

We'd really like you to feel you can talk to us about it, but if you can't, you can contact any of the organisations below for help and advice:

Connexions Humber (01482) 223081
Community Anti-bullying project (free call) 0800 915 4545
The Warren (free one-to-one counselling on any issue) (01482) 218115
The Young Person's Support Service: (01482) 331000
The Samaritans: 08457 90 90 90 or jo@samaritans.org

What can you do to help us?

Treat everyone you meet with respect and fairness

Report bullying

Find out more by reading the monthly E&D updates

Contribute your own stories to the updates

BE VALUED – BE UNIQUE
BE HAPPY – BELONG